



WITHINGS

## Withings ScanWatch Light – Health Hybrid Smartwatch with 30-Day Battery

255973

Withings ScanWatch Light – Daily health hybrid smartwatch with 24/7 heart rate tracking, menstrual cycle guide, 40+ activity tracking, advanced sleep monitoring, and 30-day battery life in a premium lightweight design.

Farbe



### PRODUKTDDETAILS

#### FOLLOW YOUR HEART

Get notified if your heart is beating too fast or too slow, track your heart rate day & night and help manage stress and anxiety with breathing exercises.

#### MENSTRUAL CYCLE GUIDE

Track your menstrual cycle by tracking your phases, duration and symptoms, empowering you to create a personalized routine that aligns with your body's needs.

#### STAY ON TRACK

Monitor every move with 40+ activities recognized, assess your performance with heart rate zones, Fitness Level via VO2 max estimation, and progress towards goals right on the watch.

#### OVERNIGHT HEALTH PARAMETERS

Wake to your Sleep Quality Score and deep dive into your sleep metrics with info on how to improve them.

#### 30-DAY BATTERY & EXTRA DURABILITY

Enjoy the freedom of 24/7 tracking for 30 days before needing to recharge, plus benefit from premium materials so you can live life to the fullest.

#### LIFESTYLE COMPANION

Build better routines with personalized reminders, access to health data history right on your watch and the benefit of customizable smartphone notifications.

#### What's in the box

- ScanWatch Light

- FKM (fluoroelastomer) wristband with stainless steel buckle
- Docking station (USB-C compatible)
- USB-C to USB-A cable included
- Quick Start Guide
- Product Guide

## **Spezifikationen**

### **Produktattribute**

EAN:	3700546708343
Herstellernummer:	3700546708343
Produkt Gewicht:	0.046 kilogramm