Lingot Arugola

255269

The arugula has a peppery and woody flavor. It is often eaten in salads with other greens. You can also make a rocket pesto. Enjoy the Véritable Lingot® technology: 100% natural and ready-to-use refills with no pesticides or GMO's (patent-pending). Organic Arugula Lingot® compatible with the whole Véritable® Garden range.

PRODUCT DETAILS

How do you cook arugula?
Arugula is often used in salads to add a zesty, peppery flavor. You can combine it with other vegetables, fruits, cheeses, nuts and dressings to create a balanced, tasty salad.

It can also be used to make homemade pesto. Simply blend arugula leaves, nuts (such as pine nuts or cashews), garlic, grated Parmesan and olive oil in a blender or food processor until smooth. Use this pesto to garnish pasta, sandwiches or grilled vegetables.

Arugula can be used as a topping for pizzas, sandwiches, burgers and wraps. Its leaves bring a lively flavor and crunchy texture to your preparations.

Tips for successfully growing your arugula
To harvest arugula, you can cut off individual leaves near the base, or you can cut off the whole plant a few centimetres below the ground. The latter method will allow the arugula to regrow for later harvesting.

To extend the harvesting period, we recommend harvesting arugula regularly. This will encourage the plant to produce new leaves and prevent it from flowering too quickly.

Specs

Product Attributes

EAN:	3760262510583
Manufacturer number:	VLIN-J10-ROQ02E

© 2026 All rights reserved. Note: Specifications and design are subject to change without notice.

Product weight:	0.05 kilograms

© 2026 All rights reserved. Note: Specifications and design are subject to change without notice.