



WITHINGS

Withings ScanWatch Light – Health Hybrid Smartwatch with 30-Day Battery

255973

Withings ScanWatch Light – Daily health hybrid smartwatch with 24/7 heart rate tracking, menstrual cycle guide, 40+ activity tracking, advanced sleep monitoring, and 30-day battery life in a premium lightweight design.

Colour



PRODUCT DETAILS

FOLLOW YOUR HEART
Get notified if your heart is beating too fast or too slow, track your heart rate day & night and help manage stress and anxiety with breathing exercises.

MENSTRUAL CYCLE GUIDE
Track your menstrual cycle by tracking your phases, duration and symptoms, empowering you to create a personalized routine that aligns with your body's needs.

STAY ON TRACK
Monitor every move with 40+ activities recognized, assess your performance with heart rate zones, Fitness Level via VO2 max estimation, and progress towards goals right on the watch.

OVERNIGHT HEALTH PARAMETERS
Wake to your Sleep Quality Score and deep dive into your sleep metrics with info on how to improve them.

30-DAY BATTERY & EXTRA DURABILITY
Enjoy the freedom of 24/7 tracking for 30 days before needing to recharge, plus benefit from premium materials so you can live life to the fullest.

LIFESTYLE COMPANION
Build better routines with personalized reminders, access to health data history right on your watch and the benefit of customizable smartphone notifications.

What's in the box

- ScanWatch Light

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- FKM (fluoroelastomer) wristband with stainless steel buckle
- Docking station (USB-C compatible)
- USB-C to USB-A cable included
- Quick Start Guide
- Product Guide

Specs

Product Attributes

EAN:	3700546708343
Manufacturer number:	3700546708343
Product weight:	0.046 kilograms

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