




WITHINGS

# Withings ScanWatch Light – Health Hybrid Smartwatch with 30-Day Battery

255973

Withings ScanWatch Light – Daily health hybrid smartwatch with 24/7 heart rate tracking, menstrual cycle guide, 40+ activity tracking, advanced sleep monitoring, and 30-day battery life in a premium lightweight design.

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DÉTAILS DU PRODUIT

**FOLLOW YOUR HEART**
Get notified if your heart is beating too fast or too slow, track your heart rate day & night and help manage stress and anxiety with breathing exercises.

**MENSTRUAL CYCLE GUIDE**
Track your menstrual cycle by tracking your phases, duration and symptoms, empowering you to create a personalized routine that aligns with your body's needs.

**STAY ON TRACK**
Monitor every move with 40+ activities recognized, assess your performance with heart rate zones, Fitness Level via VO2 max estimation, and progress towards goals right on the watch.

**OVERNIGHT HEALTH PARAMETERS**
Wake to your Sleep Quality Score and deep dive into your sleep metrics with info on how to improve them.

**30-DAY BATTERY & EXTRA DURABILITY**
Enjoy the freedom of 24/7 tracking for 30 days before needing to recharge, plus benefit from premium materials so you can live life to the fullest.

**LIFESTYLE COMPANION**
Build better routines with personalized reminders, access to health data history right on your watch and the benefit of customizable smartphone notifications.

**What's in the box**

- ScanWatch Light

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- FKM (fluoroelastomer) wristband with stainless steel buckle
- Docking station (USB-C compatible)
- USB-C to USB-A cable included
- Quick Start Guide
- Product Guide

## Caractéristiques

### Caractéristiques du produit

| | |
|---|---|
| Code EAN: | 3700546708343 |
| Numéro du fabricant : | 3700546708343 |
| Poids du produit : | 0.046 kilograms |

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