



RecoveryTherm Cube

256810

Therabody RecoveryTherm Cube: precise hot, cold, and contrast therapy with Cryothermal Technology to relieve aches and speed recovery. Hands-free treatment anywhere on the body.

Large



PRODUCT DETAILS

Relieve Pain

Reduce Inflammation

Accelerate Recovery

Effective pain relief and recovery.

Relieve aches and pains, reduce inflammation and muscle soreness, and maximize recovery with RecoveryTherm Cube. Choose between instant hot therapy, cold therapy, or alternate with contrast therapy – replacing messy, melting ice packs and scalding, inconsistent heating pads.

Fast, precise temperature control.

RecoveryTherm Cube is powered by our proprietary Cryothermal™ Technology, which delivers fast, precisely controlled heating, cooling and contrast therapy directly to the skin. Our temperature levels and duration of treatment are scientifically proven to be the optimal amounts needed for effective relief from aches and pains.

Targeted treatment almost anywhere on the body.

Relieve aches and pains wherever you need it most with RecoveryTherm Cube by holding it or attaching it to key areas with secure straps for on-the-go convenience.

Key features

- Precise, safe, and scientifically-calibrated temperatures using Cryothermal Technology
- Hands-free or handheld treatment with portable, convenient design
- Treat almost anywhere on the body with adjustable straps
- 3 scientifically-calibrated presets each with multiple precise temperature settings to treat your needs:
 - **Hot:** 24 minutes (95 °F , 102 °F , 109 °F)
 - **Cold:** 18 minutes (61 °F , 54 °F , 46 °F)
 - **Contrast therapy:** 20 minutes (Cold: 46 °F , Hot: 109 °F)
- Battery life: 120 min for both Hot and Cold and 60 min for Contrast

What's in the Box

- RecoveryTherm Cube Device
- Cube Strap Frame
- One 23.6 inch strap
- One 39.4 inch strap
- USB-C charging cable

Specs

Product Attributes

EAN:	0840295401805
Manufacturer number:	TB03780-01
Product weight:	0.45 kilograms